



Office Based Anesthesia

Your Dentist
Your Office
Expert Care
Hospital Standards
Lower Cost

Why Anesthesia?

Anesthesia can open doors to dental treatment for thousands of people. As a result of an overwhelming fear of the dentist, special needs or conditions such as Down Syndrome, or because they are simply too young, many individuals rely on anesthesia to make even routine dental care possible. Others require extensive treatment or surgery. With anesthesia, these procedures are available.

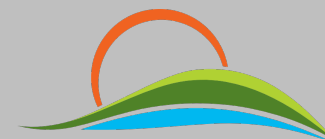
Central Coast Dental Anesthesia

Serving the Central Coast from
Camarillo to San Luis Obispo

Centrally Located in Santa Barbara,
CA

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Central Coast
Dental Anesthesia



Erik Winn DDS, Anesthesiologist

Dr. Winn received his Doctor of Dental Surgery from the University of Iowa College of Dentistry in 2004, prior to running his own private general dentistry practice that used IV sedation. In 2013, Dr. Winn completed a residency in dental anesthesiology at Einstein College of Medicine/ Jacobi Medical Center, New York. Based in a Level I trauma center, this residency served as rigorous preparation for private practice.

Dr. Winn resides in Goleta, California with his wife and four children. He is active in his church, and he enjoys woodworking, scouting activities with his boys, cooking, and finding new adventures with his family.

Is It Safe?

This is a common and understandable concern. Your safety is our highest goal. Dr. Winn uses state-of-the-art monitoring equipment found in top hospital operating rooms, attends continuing education conferences, and reviews current anesthesia literature. Some of the risks inherent to anesthesia can be avoided by following simple pre-anesthesia instructions.

How Do I Make My Appointment?

We will make arrangements with your dentist or specialist depending on your treatment plan. Expect a call from Dr. Winn after you've scheduled with your office. On this call, we will discuss your medical history, what to expect, and how to prepare for your appointment. Please have a list of current medications.

Pre-Anesthesia Instructions

- Do not eat or drink anything starting at midnight the day prior to the procedure. In some cases, clear liquids can be consumed up to 4 hrs prior to the procedure. No orange juice, milk, or creamer.
- Do not use chewing tobacco, lozenges, gum, candy, and mints.
- You may brush your teeth and take normal daily medications with a sip of water.
- Call Dr. Winn if you have a cough, cold, stomach virus, or other possible infection.

Post-Anesthesia Instructions

- Arrange for a responsible adult driver to be in the building for the duration of the appointment and who will take you home.
- Do not drive for 24 hours.
- It is likely you will feel tired the rest of the day. Relax, nap, stay hydrated, and take the medications as directed by your dentist.

